## **Scouts One Night**



## **Kit List**

All young people will need to bring their personal equipment and should be encouraged to pack for themselves. This list is only a guide and designed by the Scouts!

All camping gear and cooking equipment will be provided by Group

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Small sensible rucksack to fit kit in, don't	Storng sensible waterproof boots
forget its only 1 night	Toothbrush n paste (small wash kit)
Camp Cake to be shared with all Scouts	Small Towel
Drinks bottle with water (labelled)	Plate, cup, bowl (plastic is best to avoid
Sleeping Bag	breakages).
Foam Roll map (no blow-up air beds)	Cutlery or Spork
No pillow please use your kit bag	Tea Towel nothing posh it may not
Blanket (Camp Blanket if you have one)	come home
o It can get cold on an evening and	Tiny bottle with washing up liquid in it.
can be used for extra heat.	1 roll of toilet paper.
Warm Clothes—lots of thinner layers to	Suncream (see weather forecast)
help with body heat regulation, extra	Sunhat (see weather forecast)
layers are essential during winter camps	Woolly or fleecy hat
due to colder climate, its best to have	Clean Underwear
too many layers you can remove , rather	Spare Socks in case your feet get wet
than not enough layers and no extra to utilise if cold.	Waterproof coat

- Don't panic if you haven't got all the equipment listed above, talk to one of the Leaders who may be able to give sensible advice or alternatives.
- Those with a Uniform should wear it to and from the camp.
- ALL items should be clearly labelled with the young person's name. Please label all non-clothing items also. Nail varnish labelling on items usually last quite well but remember people often have same initials or surname.
- No Aerosol deodorants, they are often flammable, can affect those with asthma and can damage the canvas of tents.
- A number of layers is warmer than one thick one and the warmth can be regulated more easily do not forget your hands and head, wearing a woolly hat in bed sounds daft but makes a big difference.
- Do not pack your torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp with flat batteries.
- It is best to pack a rucksack or sports bag that you can carry on your back.
- Please try to get your Young person to participate in packing.
- STRICTLY NO knives
- No electronic devices
- No Mobile Phones (Leaders will have ability to contact or be contactable in the event this is necessary)
- Any medicine necessary is to be handed to section leader, clearly labelled and in original pharmacy packaging. Please see your leaders in advance to sign the medication forms necessary.