## **Cubs One Night**



## **Kit List**

All young people will need to bring their personal equipment and should be encouraged to pack for themselves.

This list is only a guide.			
All youth members to arrive in Uniform.			
	Suitable ruck sack to hold all kit Camp Cake to be shared with all Cubs Drinks bottle with water (labelled) Complete Uniform & coat hanger Sleeping Bag Foam Roll map (no blow-up air beds) Pillow		Spare T-Shirts or similar Spare Trousers Teddy (Optional) Underwear (plenty) Socks (plenty) Torch & Spare batteries Plate / Mug / Bowl / Spoon / Knife / Fork
	Blanket (Camp Blanket if you have one)  o It can get cold on an evening and can be used for extra heat.		(non-breakable) Tea Towel Plastic bag for dirty/wet gear
	Wash Kit & Towel Warm PJs		Warm hat - it can get cold on an evening!
	Suitable outdoor shoes and footwear Spare pair of shoes if main ones get wet. Warm sweater/jumpers (gets cold on		Sunhat (see weather forecast) Suncream (see weather forecast) Waterproof lacket & Travers
	vvaim svvedenjampers (gets cold on	$\Box$	Waterproof Jacket & Trousers

- \* Don't panic if you haven't got all the equipment listed above, talk to one of the Leaders who may be able to give sensible advice or alternatives.
- \* Those with a Uniform should wear it to and from the camp.
- \* ALL items should be clearly labelled with the young person's name. Please label all non-clothing items also. Nail varnish labelling on items usually last quite well but remember people often have same initials or surname.
- \* No Aerosol deodorants, they are often flammable, can affect those with asthma and can damage the canvas of tents.
- \* A number of layers is warmer than one thick one and the warmth can be regulated more easily do not forget your hands and head, wearing a woolly hat in bed sounds daft but makes a big difference.
- \* Do not pack your torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp with flat batteries.
- \* It is best to pack a rucksack or sports bag that you can carry on your back.
- \* Please try to get your Young person to participate in packing.
- \* STRICTLY NO knives

evening)

- \* No electronic devices
- \* No Mobile Phones (Leaders will have ability to contact or be contactable in the event this is necessary)
- \* Any medicine necessary is to be handed to section leader, clearly labelled and in original pharmacy packaging. Please see your leaders in advance to sign the medication forms necessary.